



Crumbed Fish Goujons

332520

Crumbed Fish Goujons made with wild caught Alaskan Pollock coated in a yummy crunchy crumb. Fantastic for fish tacos, seafood baskets or as a starter.

- * MSC Certified Wild Caught Alaskan Pollock
- * Halal
- * Easy Portion Control
- * Retail Ready - 1 kg bag

Ideal for:

Cafes, Restaurants, QSR, Clubs, Hotels, Catering



Certifications:

HACCP, MSC, Halal

Product Information

Code	Product	Units/Carton
332520	Shore Mariner Crumbed Fish Goujons	5 x 1 kg

Nutrition Information

Servings per pack: 10
Serving size: 100 g

	Avg Qty per serving	Avg Qty per 100g
Energy	1052 kJ	1052 kJ
Protein	9.6 g	9.6 g
Fat - Total	15.9 g	15.9 g
- Saturated	2.7 g	2.7 g
Carbohydrate	17.2 g	17.2 g
Sugars	1.0 g	1.0 g
Sodium	418 mg	418 mg

Ingredients:

MSC Certified Alaskan Pollock (50%) (**Fish**), **Wheat** Flour, Water, Modified Corn Starch, Soybean Oil, **Soy** Flour, Salt, Thickeners (412, 415), Vegetable Oil, **Wheat Gluten**, Flavour Enhancer (621), Sugar, Yeast, Raising Agent (450, 500)

Contains Fish, Wheat, Gluten, Soy

MADE IN CHINA

Cooking Instructions

Method 1 Deep Fry

Preheat oil to 180°C, cook for 2-3 minutes or until crunchy and golden brown.

Method 2 Oven

Preheat oven to 220°C, cook for 8-11 minutes, rotate halfway through cooking.

Method 3 Air Fry

Preheat air fryer to 200°C, cook for 8-8.5 minutes, shake halfway through cooking.

Storage: Keep frozen at or below -18°C.

Frozen Shelf Life: 24 months





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Packaging

Packaging Configuration 5 x 1 kg (5 kg)

Inner:



Packaging Type: Printed Plastic Bag

Barcode: 9310389723423

Outer:

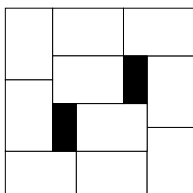


Packaging Type: Cardboard Carton

Barcode: 19310389723420

Dimensions: 400mm(L) x 250mm(W) x 170mm(H)

Pallet Configuration



10P1

10 Cartons per layer

6 Layers per pallet

60 Cartons per pallet