



Crunchy Ovenable Fish

- 110 g

332145

Natural Skinless Alaskan Pollock fish fillet hand-coated in a crunchy golden crumb.

- * MSC Certified Wild Caught Alaskan Pollock
- * Skinless & Boneless
- * Natural Fish Fillets
- * Portion Control - 110 g

Ideal for:

Cafes, Restaurants. QSR, Clubs, Hotels, Catering



Certifications:

HACCP, MSC

Product Information

Code	Product	Units/Carton	Piece Size
332145	Shore Mariner Crunchy Ovenable Fish - 110 g	3.3 kg Bulk	110 g

Nutrition Information

Servings per pack: Approx. 30
Serving size: 110 g

	Avg Qty per serving	Avg Qty per 100g
Energy	811 kJ	737 kJ
Protein	13.9 g	12.6 g
Fat - Total	4.3 g	3.9 g
- Saturated	0.6 g	0.5 g
Carbohydrate	24.2 g	22 g
Sugars	0 g	0 g
Sodium	425 mg	386 mg

Ingredients:

MSC Certified Alaskan Pollock (53%) (*Theragra chalcogramma*) (Fish), Batter [Wheat Flour, Thickener (1404), Leavening Agents (450, 500), Stabiliser (412), Salt, Yeast Extract, Spices, Flavour], Water, Breadcrumbs [Wheat Flour, Salt, Dry Yeast, Antioxidant (300)], Soybean Oil

Contains Fish, Wheat, Gluten

MADE IN CHINA

Cooking Instructions

Method 1 Deep Fry

Preheat oil to 180°C, cook for 6-7 minutes or until crunchy and golden brown.

Method 2 Oven

Preheat oven to 220°C, cook for 18-22 minutes until crunchy and golden brown.

Storage: Keep frozen at or below -18°C.

Frozen Shelf Life: 24 months





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Packaging

Packaging Configuration **3.3 kg Bulk**

Inner:

Outer:



Packaging Type: N/A

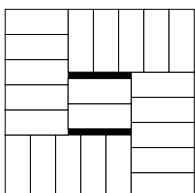
Barcode: N/A

Packaging Type: Cardboard Carton

Barcode: 19310389321459

Dimensions: 375mm(L) x 145mm(W) x 130mm(H)

Pallet Configuration



22P1

22 Cartons per layer

8 Layers per pallet

176 Cartons per pallet