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**MARKWELL
FOODS**

FRUIT & VEGETABLE Range





1018

BLANCHED



Broccoli Florets

Handpick broccoli florets, individually frozen.

Serves:
15 x 100 g

Inner:
6 x 1.5 kg

Outer:
9 kg



1019

BLANCHED



Cauliflower Florets

Premium fresh frozen cauliflower florets, specially selected for optimum quality and flavour.

Serves:
20 x 100 g

Inner:
6 x 2 kg

Outer:
12 kg



1051

BLANCHED



Green Peas

Carefully harvested to maximise the sweetness and tenderness.

Serves:
20 x 100 g

Inner:
6 x 2 kg

Outer:
12 kg



1050

BLANCHED



Corn Kernels

Carefully harvested to maximise the sweetness and tenderness.

Serves:
20 x 100 g

Inner:
6 x 2 kg

Outer:
12 kg



4220

BLANCHED



Baby Carrots

Premium quality for superior convenience, consistency and flavour.

Serves:
25 x 100 g

Inner:
4 x 2.5 kg

Outer:
10 kg



4281

BLANCHED



Broccoli Florets 20/40

Vibrant green florets freshly picked and frozen fresh for optimum taste.

Serves:
25 x 100 g

Inner:
4 x 2.5 kg

Outer:
10 kg



4282

BLANCHED



Brussel Sprouts 25/30

Premium quality for superior convenience, consistency and flavour.

Serves:	Inner:	Outer:
25 x 100 g	10 x 1 kg	10 kg



4230

BLANCHED



Carrot Sliced - Crinkle Cut

Carefully processed to maximise sweetness and tenderness.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4240

BLANCHED



Carrots Diced - 10 x 10 x 10

Diced carrots that are carefully processed to maximise the sweetness and tenderness.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4290

BLANCHED



Cauliflower Florets 15/35

Premium quality Cauliflower florets for convenience.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4275

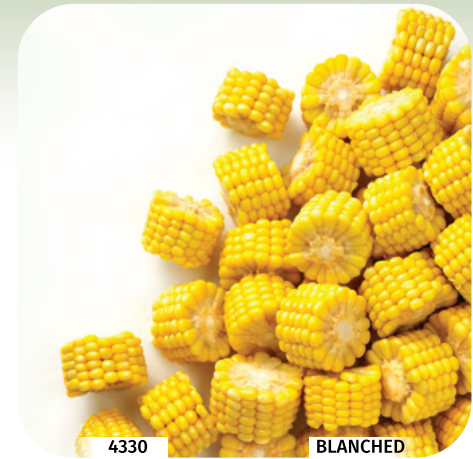
BLANCHED



Green Beans - Sliced

Consistent length and shape, perfect for portion and profit control.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4330

BLANCHED



Corn Cobs 1/4

Delicious and sophisticated small quarter-sized corn cobs;

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4274

BLANCHED



Green Beans - Cross Cut

Carefully harvested to maximise the sweetness and tenderness.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4301

BLANCHED



Onion Sliced

Premium quality sliced onions, frozen fresh for superior consistency and flavour.

Serves:	Inner:	Outer:
15 x 100 g	6 x 1.5 kg	9 kg



4300

BLANCHED



Onion Diced 10mm

Premium quality diced onions, frozen fresh for superior consistency and flavour.

Serves:	Inner:	Outer:
20 x 100 g	6 x 2 kg	12 kg



4270

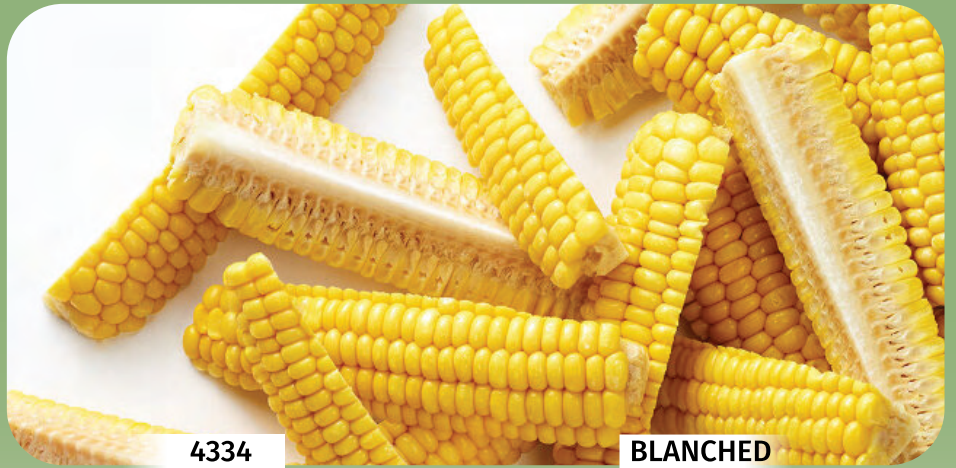
BLANCHED



**Green Beans (Whole)
Medium Fine**

Fresh and crisp with excellent taste, the perfect addition to any dish.

Serves: 25 x 100g	Inner: 4 x 2.5kg	Outer: 10kg
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4334

BLANCHED



Sweet Corn Ribs

Cut into quarters, sweet and crunchy. The perfect pair for BBQ, Salads.

Serves: 25 x 100 g	Inner: 4 x 2.5 kg	Outer: 10 kg
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4030

PAR CKD



**Broccoli Puree
Portions**

Superior quality, easy to use
100% broccoli puree, 5g.

Serves: 10 x 100 g	Inner: 10 x 1 kg	Outer: 10 kg
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4040

PAR CKD



**Carrot Puree
Portions**

Premium quality, easy to use
100% carrot puree, 5g.

Serves: 10 x 100 g	Inner: 10 x 1 kg	Outer: 10 kg
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4020

PAR CKD



**Green Bean Puree
Portions**

Premium quality, easy to use
100% green bean puree, 5g.

Serves: 10 x 100 g	Inner: 10 x 1 kg	Outer: 10 kg
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4060

PAR CKD



Pea Puree Portions

Premium quality, easy to use
100% garden pea puree, 5g.

Serves: 10 x 100 g	Inner: 10 x 1 kg	Outer: 10 kg
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4210

BLANCHED



**Spinach Chopped
Portion**

Premium quality chopped
spinach for superior flavour,
convenience and consistency.

Serves: 20 x 100 g	Inner: 4 x 2.5 kg	Outer: 10 kg
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1052

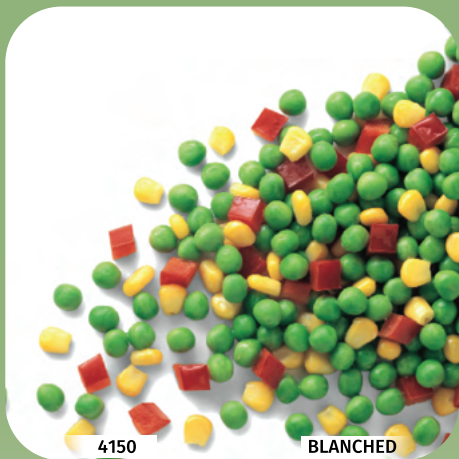
BLANCHED



Mixed Veggies

Delicious vegetables, harvested
fresh and snap-frozen for
superior flavour.

Serves: 20 x 100 g	Inner: 6 x 2 kg	Outer: 12 kg
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4150

BLANCHED



Peas, Corn & Pepper Mix

Vibrant mix of delicious vegetables that will enhance every dish.

Serves:	Inner:	Outer:
25 x 100 g	4 x 2.5 kg	10 kg



4120

BLANCHED



Wok Mix

Vibrant mix of yellow carrots, sugar snap peas, mini corn cobs and flat sliced carrots.

Serves:	Inner:	Outer:
10 x 100 g	10 x 1 kg	10 kg



1016

BLANCHED



Cauliflower, Carrot & Broccoli

Premium quality vegetable mix great for stir fry and more!

Serves:	Inner:	Outer:
20 x 100 g	6 x 2 kg	12 kg



1014

BLANCHED



Vegetable Melange

Premium vegetable mix of broccoli, cauliflower, carrot, green beans, yellow beans and red capsicum.

Serves:	Inner:	Outer:
15 x 100 g	6 x 1.5 kg	9 kg



1015

BLANCHED



Vegetable Medley

Premium vegetable mix of carrot, broccoli, cauliflower, sugar snap peas, and baby corn.

Serves:	Inner:	Outer:
15 x 100 g	6 x 1.5 kg	9 kg



Smoothies



9652

RAW



Avo Go Go

Blend of Avocado, Spinach, Mango, Coconut, Ginger & Lime.

Serves:	Inner:	Outer:
15 smoothies	15 x 140 g	2.1 kg



9662

RAW



Berry Go Round

Blend of whole Blackberries, Strawberries and Raspberries.

Serves:	Inner:	Outer:
15 smoothies	15 x 140 g	2.1 kg



9663

RAW



Big 5

Blend of Pineapple, Mango, Kiwi and Strawberry.

Serves:	Inner:	Outer:
15 smoothies	15 x 140 g	2.1 kg



9664

RAW



Coco Loco

Blend of Coconut, Pineapple and Mango

Serves:	Inner:	Outer:
15 smoothies	15 x 140 g	2.1 kg



9660

RAW



Pash N Shoot

Tropical blend of Passion fruit, Pineapple and Mango.

Serves:	Inner:	Outer:
15 smoothies	15 x 140 g	2.1 kg



9661

RAW



Strawberry Split

A classic blend of strawberries and banana.

Serves:	Inner:	Outer:
15 smoothies	15 x 140g	2.1 kg

WITH 100% NATURAL FRUIT & VEGE
SMOOTHIES MADE EASY



NO GM



GLUTEN FREE



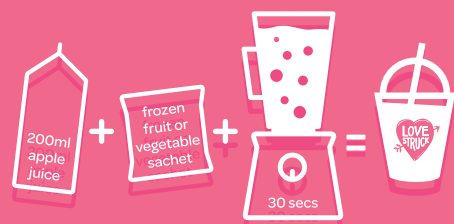
PLANT BASED



VEGAN



FROZEN TO 'Fresh' IN A FLASH™



Simply blend one of our 140g frozen fruit or vegetable sachets with 200ml of apple juice to make the perfect smoothie in 30 seconds...

Avocado



RTE



Avocado Pulp -Chunky Style

Ready-to-eat, chunky avocado pulp. Gluten and dairy free. Suitable for vegans. Great for toast, for guacamole, smoothies and more!

1220	Serves: 19 x 100g	Inner: 4 x 1.9 kg	Outer: 7.6 kg
1240	5 x 100g	12 x 500 g	6 kg

PRODUCT SPECIFICATIONS

Code	Product	Status	Cooking Method	Serves	Inner	Outer	Product Information	
							Barcodes EAN	TUN
1018A	BIG COUNTRY Broccoli Florets	BLANCHED	Boil	15 x 100 g	6 x 1.5 kg	9 kg	9310389010189	19310389010186
1019	BIG COUNTRY Cauliflower Florets	BLANCHED	Boil	20 x 100 g	6 x 2 kg	12 kg	9310389010196	19310389010193
1050	BIG COUNTRY Corn Kernels	BLANCHED	Boil	20 x 100 g	6 x 2 kg	12 kg	9310389329120	19310389329127
1051	BIG COUNTRY Green Peas	BLANCHED	Boil	20 x 100 g	6 x 2 kg	12 kg	9310389329137	19310389329134
4220	ARDO Baby Carrots	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361413708	05411361001745
4281	ARDO Broccoli Florets 20/40	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361094709	05411361000373
4282	ARDO Brussel Sprouts 25/30	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361341704	05411361601431
4230	ARDO Carrots Sliced-Crinkle Cut	BLANCHED	Boil/Microwave/Pan Fry	25 x 100 g	4 x 2.5 kg	10 kg	5411361080030	05411361001905
4240	ARDO Carrot Diced-10x10x10	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361431702	05411361001714
4290	ARDO Cauliflower Florets 15/35	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361006535	05411361000342
4330	ARDO Corn Cobs ¼	BLANCHED	Boil/Microwave/Grill	25 x 100 g	4 x 2.5 kg	10 kg	5411361084830	05411361084847
4274	ARDO Green Beans-Cross Cut	BLANCHED	Boil	25 x 100 g	4 x 2.5 kg	10 kg	5411361072707	05411361000229
4275	ARDO Green Beans-Sliced	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361081709	05411361000113
4270	ARDO Green Beans (Whole)- Medium Fine	BLANCHED	Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361077702	05411361000281
4300	ARDO Onion Diced 10mm	BLANCHED	Pan Fry/Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361012703	05411361012901
4301	ARDO Onion Sliced	BLANCHED	Pan Fry/Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361400708	05411361000694
4334	ARDO Sweet Corn Ribs	BLANCHED	Oven/Air Fry	25 x 100 g	4 x 2.5 kg	10 kg	5411361184622	05411361184639
4030	ARDO Broccoli Puree Portion	PAR CKD	Stove Top	10 x 100 g	10 x 1 kg	10 kg	5411361091500	05411361004494
4040	ARDO Carrot Puree Portion	PAR CKD	Stove Top	10 x 100 g	10 x 1 kg	10 kg	5411361416501	05411361004623
4020	ARDO Green Bean Puree Portion	PAR CKD	Stove Top	10 x 100 g	10 x 1 kg	10 kg	5411361079508	05411361004470
4060	ARDO Pea Puree Portion	PAR CKD	Stove Top	10 x 100 g	10 x 1 kg	10 kg	5411361146507	05411361004548
4210	ARDO Spinach Chopped Portion	BLANCHED	Stove Top	25 x 100 g	4 x 2.5 kg	10 kg	5411361023396	05411361001608
1052	BIG COUNTRY Mixed Veggies	BLANCHED	Boil	20 x 100 g	6 x 2 kg	12 kg	9310389329144	19310389329141
1015	BIG COUNTRY Vegetable Medley	BLANCHED	Boil	10 x 100 g	6 x 1 kg	6 kg	9310389010158	19310389010155
1014	BIG COUNTRY Vegetable Melange	BLANCHED	Microwave/Stove	15 x 100 g	6 x 1.5 kg	9 kg	9310389723362	19310389723369
1016	BIG COUNTRY Cauliflower, Carrot & Broccoli	BLANCHED	Boil	20 x 100 g	6 x 2 kg	12 kg	9310389010165	19310389010162
4150	ARDO Peas, Corn & Pepper Mix	BLANCHED	Pan Fry/Boil/Microwave	25 x 100 g	4 x 2.5 kg	10 kg	5411361666708	05411361000847
4120	ARDO Wok Mix	BLANCHED	Pan Fry/Microwave	10 x 100 g	10 x 1 kg	10 kg	5411361009369	05411361009376
9652	LOVE STRUCK Avo Go Go	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280582134	5060280582127
9662	LOVE STRUCK Berry Go Round	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280581694	5060280581335
9663	LOVE STRUCK Big 5	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280581731	5060280581366
9664	LOVE STRUCK Coco Loco	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280582196	5060280582189
9660	LOVE STRUCK Pash N Shoot	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280581687	5060280581328
9661	LOVE STRUCK Strawberry Split	RAW	Blend	1 x 140 g	15 x 140 g	2.1 kg	5060280581700	5060280581342
1220	BIG COUNTRY Avocado Pulp - Chunk Style 1.9 kg	RTE	RTE	19 x 100 g	4 x 1.9 kg	7.6 kg	9310389723744	19310389723741
1240	BIG COUNTRY Avocado Pulp - Chunky Style 500 g	RTE	RTE	5 x 100 g	12 x 500 g	6 kg	9310389723966	19310389723963

VEGETABLES

SMOOTHIES

AVO