



Southern Style Crunchy
Whiting 115g

332120

Delicious Southern Blue Whiting fillets coated in crunchy Southern style batter.

- * Crunchy Southern Style Batter
- * Portioned Ready 115g

Ideal for:
Cafes, Restaurants. QSR, Clubs, Hotels, Catering



Certifications:
BRC Certified

Product Information

Code	Product	Units/Carton
332120	Shore Mariner Southern Style Crunchy Whiting 115g	Approx. 30 x 115g

Nutrition Information

Servings per pack: 30
Serving size: 115g

	Avg Qty per serving	Avg Qty per 100g
Energy	935 kJ	813 kJ
Protein	13.5 g	11.7 g
Fat - Total	10.8 g	9.4 g
- Saturated	1.8 g	1.6 g
Carbohydrate	18.1 g	15.7 g
Sugars	2.0 g	1.7 g
Sodium	419 mg	364 mg

Cooking Instructions

- Method 1 Deep Fry (Preferred)
Preheat oil to 180°C, cook for 7-8 minutes or until golden brown.
- Method 2 Oven
Preheat oven to 220°C, cook for 20-25 minutes or until golden brown.

Storage: Keep frozen at or below -18°C.
Frozen Shelf Life: 24 months

Packed in China
from New Zealand Fish

Ingredients:
Southern Blue Whiting (59%) (*Micromesistius australis*) (Fish), Batter (30%) {Wheat Flour, Tapioca Starch, Thickeners (1420, 1442), Raising Agents (341, 450, 500), Spices and Spice Extract, Anticaking Agent (170), Breadcrumbs (Wheat), Salt, Yeast Extract, Acidity Regulator (330)}, Soybean Oil, Sugar, Spices and Spice Extract, Salt, Rice Flour, Yeast Extract, Acidity Regulator (330), Natural Flavouring

Contains Fish, Wheat Gluten, Soy



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Packaging

Packaging Configuration 3.45kg

Inner:

Outer:



Packaging Type: Plain Plastic Bag

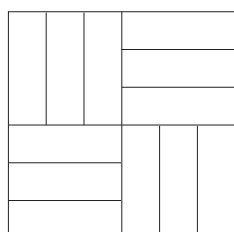
Barcode: N/A

Packaging Type: Cardboard Box

Barcode: 19310389723772

Dimensions: 400mm(L) x 195mm(W) x 180mm(H)

Pallet Configuration



12S1

12 Cartons per layer

5 Layers per pallet

60 Cartons per pallet