



Avo Go Go

9652

Get up and go with this creamy blend of avocado, broccoli, spinach, mango, coconut, ginger and lime. One of your 5 a day plus a good source of Vitamin C and Manganese and a source of Vitamin A and Fibre.

- * One (Per 100g) of your 5 a day
- * Source of Vitamin A and Fibre
- * Good Source of Vitamin C and Manganese



Ideal for:
 Cafes, Restaurants. QSR, Clubs, Hotels, Catering

Certifications:
 BRC Certified

Product Information

Code	Product	Units/Carton
9652	Love Struck Avo Go Go	15 x 140g

Nutrition Information

Servings per pack: 1
 Serving size: 140g

	Avg Qty per serving	Avg Qty per 100g
Energy	458 kJ	327 kJ
Protein	2.7 g	1.9 g
Fat - Total	5.2 g	3.7 g
- Saturated	3.3 g	1.9 g
Carbohydrate	9.4 g	8.0 g
Sugars	9.0 g	6.4 g
Sodium	42 mg	30 mg

Cooking Instructions

Method 1 (Preferred Preparation Method)

Add 200ml of liquid of choice to a blender such as apple juice or coconut water. Add one sachet and blend for 30 seconds. If the smoothie is too thick, add more liquid and blend until desired consistency is achieved.

Storage: Keep frozen at or below -18°C.

Frozen Shelf Life: 24 months

Ingredients:

Mango (41%), Spinach (25%), Avocado (10%), Broccoli (10%), Coconut Pellets (9%), Lime (3%), Ginger (2%)

PRODUCT OF POLAND





Love Struck - Avo Go Go

9652

Packaging

Packaging Configuration 15 x 140g (2.1kg)

Inner:

Outer:



Packaging Type: Printed Portioned Plastic Bag

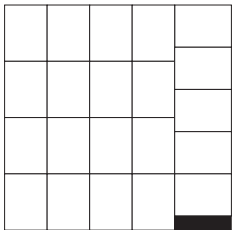
Barcode: N/A

Packaging Type: Cardboard Box

Barcode: 5060280582127

Dimensions: 272mm(L) x 210mm(W) x 105mm(H)

Pallet Configuration



21B2
21 Cartons per layer
10 Layers per pallet
210 Cartons per pallet