



## Crumbed Fish Goujons

Product code: 332520



## Dusted Fish Bites

Product Code: 332530



## Panko Crumbed Scallop Bites

Product Code: 332910



## Formed Crumbed Squid Rings

Product Code: 500505



## Tempura Squid Rings

Product Code: 500507



## Tempura Seafood Sticks

Product Code: 332845





Product Code: 332520  
Pack Size: 5kg (5 x 1kg)

- Easy Portion Control
- Wild Caught Alaskan Pollock
- Great for tacos, seafood baskets



	DEEP FRY	TEMP. 180°C	TIME 2-3 Mins
	OVEN BAKE	TEMP. 220°C	TIME 8-11 Mins
	AIR FRYER	TEMP. 200°C	TIME 8-8.5 Mins

Product Code: 332530  
Pack Size: 5kg (5 x 1kg)

- Lightly seasoned with salt and spices
- Wild Caught Alaskan Pollock
- Ideal as a side dish, starter



	DEEP FRY	TEMP. 180°C	TIME 4-5 Mins
	OVEN BAKE	TEMP. 220°C	TIME 15-20 Mins
	AIR FRYER	TEMP. 210°C	TIME 12 Mins



Product Code: 332910  
Pack Size: 5kg (5 x 1kg)

- Formed scallops
- Coated in crunchy panko crumb
- A must-have for seafood basket



	DEEP FRY	TEMP. 180°C	TIME 4.5-5 Mins
	OVEN BAKE	TEMP. 200°C	TIME 16-18 Mins
	AIR FRYER	TEMP. 200°C	TIME 10-12 Mins

Product Code: 500505  
Pack Size: 5kg (5 x 1kg)

- Tender formed squid rings
- Coated in crunchy golden crumb
- Fantastic as a side dish, entree



	DEEP FRY	TEMP. 180°C	TIME 2-3 Mins
	OVEN BAKE	TEMP. 220°C	TIME 10-14 Mins
	AIR FRYER	TEMP. 200°C	TIME 7.5-8 Mins



Product Code: 500507  
Pack Size: 5kg (5 x 1kg)

- Crunchy Tempura Batter
- Portion Control
- Tenderised

	DEEP FRY	TEMP. 180°C	TIME 2-3 Mins
	OVEN BAKE	TEMP. 220°C	TIME 10-14 Mins
	AIR FRYER	TEMP. 200°C	TIME 7.5-8 Mins

Product Code: 332845  
Pack Size: 5kg (5 x 1kg)

- Coated in light tempura batter
- Portion Control
- Source of Protein

	DEEP FRY	TEMP. 170°C-175°C	TIME 3 Mins
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