



# Salt & Pepper Squid Twists

500520

Tender pineapple cut squid strips lightly seasoned with a salt and pepper coating. Fantastic component to add to your seafood platter or basket!

- \* Wild Caught
- \* Tenderised
- \* Retail Ready - 1kg bag



**Ideal for:**  
Cafes, Restaurants, QSR, Clubs, Hotels, Catering

**Certifications:**  
HACCP

## Product Information

Code	Product	Units/Carton
500520	Shore Mariner Salt & Pepper Squid Twist	5 x 1kg

## Nutrition Information

Servings per pack: 10  
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
<b>Energy</b>	829 kJ	829 kJ
<b>Protein</b>	11.0 g	11.0 g
<b>Fat - Total</b>	12.9 g	12.9 g
- Saturated	2.2 g	2.2 g
<b>Carbohydrate</b>	9.7 g	9.7 g
<b>Sugars</b>	0.8 g	0.8 g
<b>Sodium</b>	530 mg	530 mg

## Cooking Instructions

### Method 1 (Preferred Method)

Deep Fry: 2-3 minutes or until golden brown at 180°C

### Method 2

Oven: 10-15 minutes or until golden brown at 220°C. Rotate halfway through cooking

### Method 3

Shallow Fry: approx. 2½ minutes for each side or until golden brown at 180°C. Turn product occasionally.

**Storage:** Keep frozen at or below -18°C.

**Frozen Shelf Life:** 2 years

### Ingredients:

Squid (**Mollusc**) (60%), Water, **Wheat** Flour, Soybean Oil, Modified Tapioca Starch (1420), **Wheat Gluten**, Corn Flour, Rice Flour, Pepper, Salt, **Egg** White Powder, Sugar, Leavening Agents (450, 500), Antioxidant (300), Spices, Yeast Extract, Garlic Powder, Vegetable Gum (412), Natural Flavour

Contains Mollusc, Wheat, Gluten, Egg

**PRODUCT OF CHINA**



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**Packaging**

Packaging Configuration **5 x 1kg**

Inner:



Packaging Type: Printed Inner Bag

Barcode: 9310389723270

Outer:

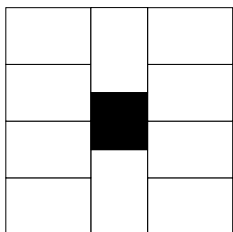


Packaging Type: Cardboard Carton

Barcode: 19310389723277

Dimensions: 430mm(L) x 280mm(W) x 170mm(H)

**Pallet Configuration**



10B1

10 Cartons per layer

6 Layers per pallet

60 Cartons per pallet