



Avo Go Go

9652

Get up and go with this creamy blend of avocado, broccoli, spinach, mango, coconut, ginger & lime. One of your 5 a day plus a good source of Vitamin C & Manganese and a source of Vitamin A and fibre.

- * Vegan Friendly
- * No additives or preservatives
- * Source of Vitamin A and Fibre
- * Good source of Manganese and Vitamin C

Ideal for:
Cafes, restaurants, QSR, clubs and hotels.

Certifications:
BRC Certified.

Product Information

Code	Product	Units/Carton	Piece Size
9652	Avo Go Go	15 x 140g (2.1kg)	140g

Nutrition Information

Servings per pack: 1
Serving size: 140g

	Avg Qty per serving	Avg Qty per 100g
Energy	458 kJ	327 kJ
Protein	2.7 g	1.9 g
Fat -Total	5.2 g	3.7 g
-Saturated	3.3 g	1.9 g
Carbohydrate	9.4 g	8.0 g
Sugars	9.0 g	6.4 g
Sodium	42 mg	30 mg

Ingredients: Mango (41%), Spinach (25%), Avocado (10%), Broccoli (10%), Coconut Pellets (9%), Lime (3%), Ginger (2%)

Allergens: None

Product of UK

Cooking Instructions

Method 1 (Preferred preparation method)

Add 200ml of liquid of choice to a blender such as apple juice or coconut water. Add one sachet and blend for 30 seconds. If the smoothie is too thick, add more liquid and blend until desired consistency is achieved.

Storage: Keep frozen at or below -18°C.

Frozen Shelf Life: 2 Years from production.

Chilled Shelf Life: Not recommended.





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Packaging

Packaging Configuration 15 x 140g (2.1kg)

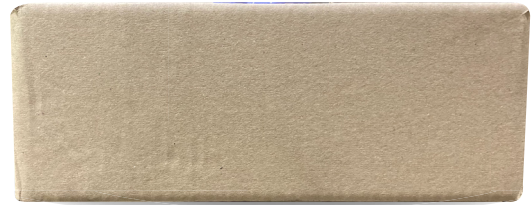
Inner:



Packaging Type: Individually Portioned Clear Plastic

Barcode: N/A

Outer:

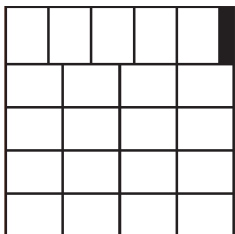


Packaging Type: Cardboard Carton

Barcode: 5060280582127

Dimensions: 272mm(L) x 210mm(W) x 105mm(H)

Pallet Configuration



21B2

21 Cartons per layer

10 Layers per pallet

210 Cartons per pallet