## Ardo Onions Sliced

4301
Premium quality for superior convenience, consistency and flavour.

* Free from additives
* Free from preservatives
* Suitable for vegans

Ideal for:
Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.

## Certifications:

HACCP Certified. GMO Free.

Product Information

| Code | Product | Units/Carton |
| :--- | :--- | :--- |
| 4301 | Ardo Onions Sliced | $4 \times 2.5 \mathrm{~kg}(10 \mathrm{~kg})$ |

Nutrition Information

Servings per pack: 25
Serving size: 100g

|  | Avg Qty per <br> serving | Avg Qty per <br> 100 g |
| :--- | :--- | :--- |
| Energy | 173 kJ | 173 kJ |
| Protein | 1.3 g | 1.3 g |
| Fat -Total | 0.2 g | 0.2 g |
| -Saturated | 0.0 g | 0.0 g |
| Carbohydrate | 7.8 g | 7.8 g |
| Sugars | 5.5 g | 5.5 g |
| Fibre | 1.4 g | 1.4 g |
| Sodium | 3 mg | 3 mg |

Ingredients: Onions (100\%)

Allergens: None

Cooking Instructions cook Before Consumption

## Methods

Stove Top: Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

Fry Pan: Heat 1-2 tablespoons of vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook at medium heat stirring well.
Microwave: Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Storage: Keep frozen at or below $-18^{\circ} \mathrm{C}$
Frozen Shelf Life: 2 Years from production
Chilled Shelf Life: Not recommended

## Ardo Onions Sliced

We preserve nature's gifts

## Packaging

Packaging Configuration $4 \times 2.5 \mathrm{~kg}$ ( 10 kg )

Inner:


Packaging Type: Printed Food Grade Plastic Bag Barcode: 5411361231708

Outer:


Packaging Type: Cardboard Carton
Barcode: 05411361000038
Dimensions: $395 \mathrm{~mm}(\mathrm{~L}) \times 260 \mathrm{~mm}(\mathrm{~W}) \times 250 \mathrm{~mm}(\mathrm{H})$

Pallet Configuration


10B1
10 Cartons per layer
4 Layers per pallet
40 Cartons per pallet

