



# Crumbed Fish Goujons

332520

Crumbed Fish Goujons made with wild caught Alaskan Pollock coated in yummy crunchy crumb. Fantastic for fish tacos, seafood baskets or as a starter.

- \* MSC Certified
- \* Halal
- \* Easy portion control
- \* Retail Ready 1kg bag



**Ideal for:**

Cafes, restaurants, QSR, clubs, hotels, catering.

**Certifications:**

HACCP Certified.

## Product Information

| Code   | Product                            | Units/Carton |
|--------|------------------------------------|--------------|
| 332520 | Shore Mariner Crumbed Fish Goujons | 5 x 1kg      |

## Nutrition Information

Servings per pack: 10  
Serving size: 100g

|              | Avg Qty per serving | Avg Qty per 100g |
|--------------|---------------------|------------------|
| Energy       | 1052 kJ             | 1052 kJ          |
| Protein      | 9.6 g               | 9.6 g            |
| Fat -Total   | 15.9 g              | 15.9 g           |
| -Saturated   | 2.7 g               | 2.7 g            |
| Carbohydrate | 17.2 g              | 17.2 g           |
| Sugars       | 1.0 g               | 1.0 g            |
| Sodium       | 418 mg              | 418 mg           |

**Ingredients:**

MSC Certified Alaskan Pollock (Fish)(50%), Wheat Flour, Water, Modified Corn Starch, Soybean Oil, Soy Flour, Salt, Thickeners (412, 415), Vegetable Oil, Wheat Gluten, Flavour Enhancer (621), Sugar, Yeast, Raising Agent (450, 500)

Contains Fish, Wheat, Gluten, Soy

**Made in China**

## Cooking Instructions

### Method 1 (Preferred preparation method)

Deep Fry: 2-3 minutes @ 180°C.

### Method 2

Oven: Preheat oven to 220°C, bake for 8-11 minutes; rotate halfway through cooking.

### Method 3

Air Fry: 8-8.5 minutes @ 200°C; shake half way through cooking.

**Storage:** Keep frozen at or below -18°C.

**Frozen Shelf Life:** 24 months



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## Packaging

Packaging Configuration **5 x 1kg**

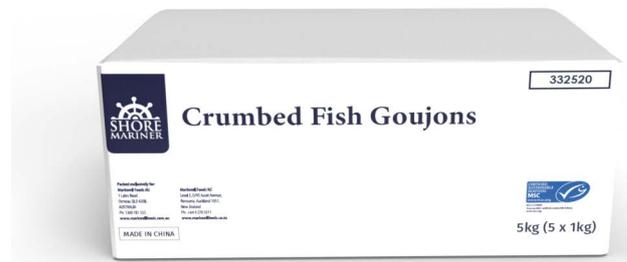
Inner:



Packaging Type: Printed Inner Bag

Barcode: 9310389723423

Outer:

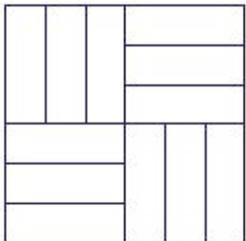


Packaging Type: Cardboard carton

Barcode: 19310389723420

Dimensions: 400mm(L) x 250mm(W) x 170mm(H)

### Pallet Configuration



12S1

12 Cartons per layer

6 Layers per pallet

72 Cartons per pallet