



Salt & Pepper Squid

500515

Pineapple cut squid lightly seasoned with a salt & pepper batter.

- * Wild Caught
- * Natural Pineapple Cut
- * Retail Ready 1kg Bags

Ideal for:

Cafes, restaurants, pubs, clubs and QSR.



Certifications:

HACCP Certified.

Product Information

Code	Product	Units/Carton
500515	Salt & Pepper Squid	3 x 1kg (3kg)

Nutrition Information

Servings per pack: 10
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	791 kJ	791 kJ
Protein	11.6 g	11.6 g
Fat -Total	11.7 g	11.7 g
-Saturated	1.3 g	1.3 g
Carbohydrate	10.7 g	10.7 g
Sugars	0.9 g	0.9 g
Sodium	523 mg	523 mg

Ingredients: Squid (63%) (**Mollusc**), Water, **Wheat** Flour, Soybean Oil, Starch, **Wheat Gluten**, Spices, Salt, Corn Flour, Rice Flour, Raising Agents (450,500), Acidity Regulator (450), Sugar, **Egg** White Powder, Antioxidant (300), Dextrose, Yeast Extract, Garlic Powder, Guar Gum.

Contains Mollusc, Wheat, Gluten and Egg

Product of China

Cooking Instructions Cook Before Consumption

Method 1 (Preferred preparation method)

Deep Fry: Preheat oil to 180° and deep fry from frozen for 2-3 minutes until golden brown. Drain any excess oil, allow to cool and serve.

Method 2

Conventional Oven: Preheat oven to 220°C, place frozen squid on tray and bake for 10-15 minutes or until golden brown. Rotate half way through cooking. Allow to cool and serve.

Method 3

Add frozen squid to the air fryer basket and set the temperature to 200°C for 8-10 minutes or until golden brown. Shake half way through cooking. Allow to cool and serve.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended





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Packaging

Packaging Configuration **3 x 1kg (3kg)**

Inner:



Packaging Type: Printed Food Grade Plastic Bag

Barcode: 9310389005154

Outer:

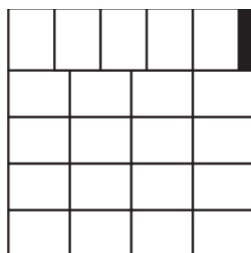


Packaging Type: Printed Cardboard Carton

Barcode: 19310389005151

Dimensions: 290mm(L) x 210mm(W) x 165mm(H)

Pallet Configuration



21B2

21 Cartons per layer

6 Layers per pallet

126 Cartons per pallet