



Shore Mariner - Whole Mussels Cooked

MWCN4060CE

Our Whole Mussels come in their shells ready to heat, simply heat and serve as part of your desired cuisine.



- * Fully Cooked – Just Heat & Serve
- * Conveniently Heat In Bag
- * Individually Quick Frozen

Ideal for:
Shops, Cafes, restaurants, Takeaway, QSR, clubs, hotels.

Certifications:
HACCP Certified.

Product Information

Product	Species	Units/Carton
Whole Mussels Cooked	<i>Mytilus chilensis</i>	10 x 500g

Nutrition Information

Servings per pack: 2
Serving size: 250g

	Avg Qty per serving	Avg Qty per 100g
Energy	650kj	260kj
Protein	21.0g	8.4g
Fat -Total	4.0g	1.6g
-Saturated	0.5g	0.2g
Carbohydrate	6.8g	2.7g
Sugars	0.0g	0.0g
Sodium	500mg	200mg

Ingredients: Mussels (*Mytilus chilensis*) (100%)
Allergens: Contains Fish (Molluscs)

Cooking Instructions

Method 1 (Preferred preparation method)

To reheat in bag: Place the bag in boiling water for approximately 6-8 minutes until the mussels are piping hot. Cut open the bag and remove the mussels and the juice.

Method 2

To reheat out of bag: Cut open the bag and remove mussels. Steam or sauté for approximately 8-10 minutes until mussels are piping hot.

Method 3

To reheat in microwave: Cut a small slit in the bag and place in the microwave with the slit side up. Microwave on HIGH for approximately 5-7 minutes.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Consume within 5 days

Product of Chile





MWCN4060CE

Packaging Configuration 10 x 500g

Outer:



Packaging Type: Cardboard Carton

Barcode: 19310389004376

Dimensions: 347mm(L) x 170mm(W) x 231mm(H)

A 4x4 grid with a 2x2 subgrid in the top-left corner shaded gray.

18P1
18 Cartons per layer
4 Layers per pallet
72 Cartons per pallet