



Shore Mariner - Whole Mussels Cooked

MWCN4060C

Our Whole Mussels come in their shells ready to heat, simply heat and serve as part of your desired cuisine.



- * Fully Cooked Just Heat & Serve
- * Conveniently Heat In Bag
- * Individually Quick Frozen

Ideal for: Shops, Cafes, restaurants, Takeaway, QSR, clubs, hotels. Certifications: HACCP Certified.

Product Information

Product	Species	Units/Carton
Whole Mussels Cooked	Mytilus chilensis	10 x 500g

Nutrition Information		
Servings per pack: 2 Serving size: 250g		
	Avg Qty per serving	Avg Qty per 100g
Energy	650kJ	260kJ
Protein	21.0g	8.4g
Fat -Total	4.0g	1.6g
-Saturated	0.5g	0.2g
Carbohydrate	6.8g	2.7g
Sugars	0.0g	0.0g
Sodium	500mg	200mg
Sodium	Suumg	Zuumg

Ingredients: Mussels *(Mytilus chilensis)* (100%) Allergens: Contains Fish (Molluscs)

Cooking Instructions

Method 1 (Preferred preparation method)

To reheat in bag: Place the bag in boiling water for approximately 6-8 minutes until the mussels are piping hot. Cut open the bag and remove the mussels and the juice.

Method 2

To reheat out of bag: Cut open the bag and remove mussels. Steam of sauté for approximately 8-10 minutes until mussels are piping hot.

Method 3

To reheat in microwave: Cut a small slit in the bag and place in the microwave with the slit side up. Microwave on HIGH for approximately 5-7 minutes.

Storage: Keep frozen at or below -18°C Frozen Shelf Life: 2 Years from production Chilled Shelf Life: Consume within 5 days

Product of Chile









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Packaging

Packaging Configuration 10 x 500g

Inner:



Packaging Type: Individually Vacuum-Packed

in Printed Bags

Barcode: 9310389004379

Outer:

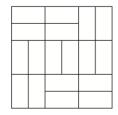


Packaging Type: Cardboard Carton

Barcode: 19310389004376

Dimensions: 347mm(L) x 170mm(W) x 231mm(H)

Pallet Configuration



18P1 18 Cartons per layer 4 Layers per pallet 72 Cartons per pallet