



Shore Mariner - Pacific Pineapple Cut Squid Fillets

SOPCFL05CH

Our Pacific Pineapple Cut Squid Fillets make the perfect crispy coated squid, are ideal for stir fries or, as a salad topper.

- * Wild Caught
- * Shatter Packed
- * Tenderised

Ideal for: Shops, Cafes, Restaurants, Takeaway, QSR, Clubs, Hotels. Certifications: HACCP Certified.



Product Information

Product		
Pacific Pineapple Cut Squid Fillets	Todarodes pacificus	2 x 5kg (10kg)

Nutrition Information			
Servings per pack: 50 Serving size: 100g			
	Avg Qty per serving	Avg Qty per 100g	
Energy	390kJ	390kJ	
Protein	19.1g	19.1g	
Fat -Total	1.7g	1.7g	
-Saturated	<1.0g	<1.0g	
Carbohydrate	<1.0g	<1.0g	
Sugars	<1.0g	<1.0g	
Sodium	509mg	509mg	

Ingredients: Squid (99%), Water, Mineral Salt (451) Allergens: Contains Fish (Molluscs)

Cooking Instructions

Method 1 (Preferred preparation method)

Place frozen squid into a colander. Cover and refrigerate for 8 to 10 hours. Once thawed, rinse under cold running water and drain for approximately 1 to 2 minutes. Alternatively, place frozen squid into a colander and rinse under cold running water for approximately 5 minutes until thawed.

Squid can be grilled, pan fried, barbecued or oven-baked.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Consume within 5 days

Product of China









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Packaging

Packaging Configuration 2 x 5kg Interleaved Strapped Together (10kg)

Inner: N/A

Outer:

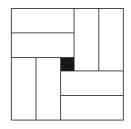
Packaging Type: Cardboard Carton strapped

Dimensions: 490mm(L) x 260mm(W) x 120mm(H)



Product Code	Sizing	Outer Barcode
SQPCFL05CH	U5	19310389001757

Pallet Configuration



8S1 8 Cartons per layer 8 Layers per pallet 64 Cartons per pallet