



Butterfly Whiting Fillets

GKWH1315VG/VN

Versatile whiting fillets, can be pan fried, barbequed, oven baked, steamed, crumbed, battered or fried.

- * Wild Caught
- * Descaled
- * Skin on Fillets



Ideal for:

Cafes, restaurants, QSR, clubs, hotels.

Certifications: HACCP Certified

Product Information

Product	Units/Carton	Piece Size
Butterfly Whiting	20 x 500g Trays (10kg)	13-15cm

Nutrition Information

Servings per pack: 5 Serving size: 100g

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	Avg Qty per serving	Avg Qty per 100g
Energy	377kj	377kj
Protein	16.8g	16.8g
Fat -Total	1.2g	1.2g
-Saturated	0.0g	0.0g
Carbohydrate	0.0g	0.0g
Sugars	0.0g	0.0g
Sodium	66mg	66mg

Ingredients: Whiting *(Sillago sihama)* (100%) Allergens: Contains Crustacea

Cooking Instructions Ready To Eat

Method 1 (Preferred preparation method)

Thaw tray in the refrigerator over night. Fish can be pan fried, barbequed, oven baked or steamed, or crumbed or battered and fried. Product is raw and must be fully cooked before consumption.

Storage: Keep frozen at or below -18°C.

Frozen Shelf Life: 2 Years from production.

Chilled Shelf Life: Once thawed consume within 2 days.

Product of Vietnam







Packaging

Packaging Configuration 20 x 500g Trays (10kg)

Inner: Outer:

Packaging Type: Tray with Sticker Inner Barcode: 9310389034208

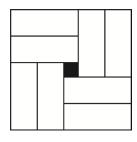


Packaging Type: Printed Cardboard Carton

Outer Barcode: 19310389034205

Dimensions: 460mm(L) x 350mm(W) x 190mm(H)

Pallet Configuration



8 Cartons per layer 5 Layers per pallet 40 Cartons per pallet