





# Natural Battered Onion Rings

## CODE - APOR0001EU / OR1

These premium onion rings are sliced and coated in a delicious crunchy batter, they are ideal for snacking and sharing or as a side with your favourite main - they're a great way to expand your menu!

\* Storable in Freezer at -18°C or colder



### **Certifications:**

HACCP Certified. GMO Free

## Ideal for:

Cafes, restaurants, takeaway, QSR, clubs, hotels.

## **Product Information**

Code	Product	Units / Carton	Cut Size
APOR0001EU / OR1	Natural Battered Onion Rings	6 x 1kg / 6kg	10mm

Nutrition Information			
Servings per pack: 10 Serving size: 100g			
	Avg Qty Per Serving	Avg Qty Per 100g	
Energy	945kJ (225kcal)	945kJ (225kcal)	
Protein	4.1 g	4.1 g	
Fat -Total	10.4 g	10.4 g	
-Saturated	4.4 g	4.4 g	
Carbohydrates	27.8 g	27.8 g	
Sugars	2.9 g	2.9 g	
Sodium	310 mg	310 mg	

**Ingredients**: Onions (35%), **Wheat** Flour, Water, Salt, Yeast, Vegetable Oil, **Wheat** Starch, Raising Agents (450, 500).

Allergens: Contains Wheat, Gluten

## **Preparation Instructions**

**Method 1:** (Preferred preparation method) **Deep Fry:** Cook at 175°C for 1 ½ - 2 minutes or until crispy and golden.

#### Method 2

Oven: Bake at 225°C for 10 - 12 minutes. Turn halfway







