



We preserve nature's gifts

Ardo Grilled Butternut Squash

4390

Premium quality grilled butternut squash. Superior consistency and flavour.

- * Suitable for Vegans
- * No Preservatives
- * No Additives
- * Source of Fibre

Ideal for:

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.



Certifications:

HACCP Certified. GMO Free.

Product Information

Code	Product	Units/Carton	Piece Size
4390	Ardo Grilled Butternut Squash	10kg bulk	15mm

Nutrition Information

Servings per pack: 100
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	45kJ	45kJ
Protein	1.5g	1.5g
Fat -Total	2.7g	2.7g
-Saturated	0.0g	0.0g
Carbohydrate	8.2g	8.2g
Sugars	0.0g	0.0g
Fibre	2.4g	2.4g
Sodium	10mg	10mg

Cooking Instructions Cook Before Consumption

Method 1 (Preferred preparation method)

Stove Top: Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

Method 2

Microwave: Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Method 3

Fry Pan: Heat 1 - 2 tablespoons vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook at medium heat stirring well.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended

Ingredients: Butternut Squash (100%)

Allergens: None

Product of Spain





We preserve nature's gifts

Ardo Grilled Butternut Squash

4390

Packaging

Packaging Configuration **10 x 1kg**

Inner:

Outer:

Packaging Type: N/A

Barcode: N/A

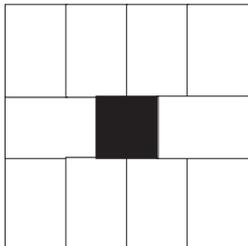


Packaging Type: Cardboard Carton

Barcode: 05411361062692

Dimensions: 390mm(L) x 260mm(W) x 180mm(H)

Pallet Configuration



10B1
 10 Cartons per layer
 5 Layers per pallet
 50 Cartons per pallet