



# Shore Mariner - Squid Rings

SQRC0010CH

Our Raw Squid Rings are super convenient and quick to prepare, they can be grilled or fried for use as an appetizer, or main dish ingredient.



- \* Wild Caught
- \* Tenderised
- \* Low Fat

Ideal for:  
Shops, Cafes, Restaurants, Takeaway, QSR, Clubs, Hotels.

Certifications:  
HACCP Certified.

## Product Information

Product	Species	Units/Carton
Whole Loligo Squid IQF	<i>Loligo formosana</i>	10 x 1kg (10kg)

## Nutrition Information

Servings per pack: 8  
Serving size: 125g

	Avg Qty per serving	Avg Qty per 100g
Energy	402kJ	321kJ
Protein	20.5g	16.4g
Fat -Total	1.5g	1.2g
-Saturated	0.5g	0.4g
Carbohydrate	0.0g	0.0g
Sugars	0.0g	0.0g
Sodium	475mg	380mg

Ingredients: Squid (*Loligo formosana*) (99%), Salt, Water  
Allergens: Contains Fish (Molluscs)

## Cooking Instructions

### Method 1 (Preferred preparation method)

Place frozen squid into a colander. Cover and refrigerate for 8 to 10 hours. Once thawed, rinse under cold running water and drain for approximately 1 to 2 minutes. Alternatively, place frozen squid into a colander and rinse under cold running water for approximately 5 minutes until thawed.

Squid can be pan fried, barbecued or oven-baked.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Consume within 5 days

Product of China





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## Packaging

Packaging Configuration **10 x 1kg (10kg)**

Inner: N/A

Outer:



Packaging Type: Printed Foodgrade Plastic Bag

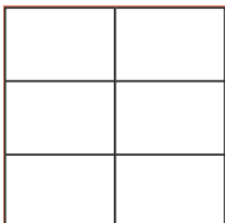
Inner Barcode: 9330913002541

Packaging Type: Cardboard Carton

Outer Barcode: 19330913002548

Dimensions: 565mm(L) x 360mm(W) x 200mm(H)

### Pallet Configuration



6U2  
6 Cartons per layer  
5 Layers per pallet  
30 Cartons per pallet