



We preserve nature's gifts

Ardo Peas/Corn/Pepper Mix

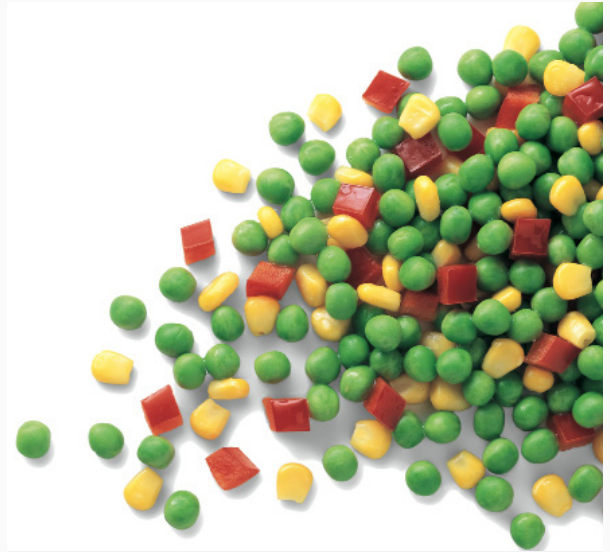
4150

Vibrant mix of delicious vegetables that will enhance every dish.
Frozen fresh for premium flavour.

- * Free from additives.
- * Free from preservatives.
- * Suitable for vegans.
- * Source of fibre.

Ideal for:

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.



Certifications:

HACCP Certified. GMO Free.

Product Information

Code	Product	Units/Carton
4150	Ardo Peas/Corn/Pepper Mix	4 x 2.5kg (10kg)

Nutrition Information

Servings per pack: 25
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	286kJ	286kJ
Protein	3.8g	3.8g
Fat -Total	1.0g	1.0g
-Saturated	0.2g	0.2g
Carbohydrate	9.3g	9.3g
Sugars	3.5g	3.5g
Fibre	3.6g	3.6g
Sodium	10mg	10mg

Ingredients: Diced Carrots, Diced Turnip, Garden Peas, Cut Green Beans.

Allergens: None.

Product of Belgium

Cooking Instructions Cook Before Consumption

Method 1 (Preferred preparation method)

Fry Pan: Heat 1 - 2 tablespoons vegetable oil in a frying pan. Put the desired quantity of product in the frying pan and cook at medium heat stirring well.

Method 2

Stove Top: Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

Method 3

Microwave: Put the desired quantity of product in a microwave bowl, cover and cook, stirring well.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended





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Packaging

Packaging Configuration **4 x 2.5kg (10kg)**

Inner:



Packaging Type: Printed Food Grade Plastic Bag

Barcode: 5411361666708

Outer:

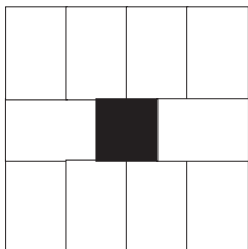


Packaging Type: Cardboard Carton

Barcode: 05411361000847

Dimensions: 390mm(L) x 260mm(W) x 180mm(H)

Pallet Configuration



10B1

10 Cartons per layer

5 Layers per pallet

50 Cartons per pallet