



# Ardo Sweet Potato Mash Portions

4070

Premium quality, easy to use 100% sweet potato puree in 5g portions.

- \* Suitable for vegans
- \* Free from preservatives
- \* GMO free
- \* Portion controlled 5g

**Ideal for:**

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.

**Certifications:**

HACCP Certified.



**Product Information**

Code	Product	Units/Carton	Piece Size
4070	Ardo Sweet Potato Mash Portions	10 x 1kg	Approx 5g Pellets

**Nutrition Information**

Servings per pack: 10  
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	397 kJ	397 kJ
Protein	1.1g	1.1g
Fat -Total	0.3g	0.3g
-Saturated	0.1g	0.1g
Carbohydrate	20.5g	20.5g
Sugars	11.6g	11.6g
Sodium	80 mg	80 mg

**Cooking Instructions** Cook Before Consumption

**Method 1 (Preferred preparation method)**

Stove Top: Put puree pellets in a pan and cook on medium heat for the indicated times:

- For 225g: 4 minutes
- For 450g: 9 minutes

**Method 2**

Microwave: Put puree pellets in a microwave safe bowl and cook for the following times (based on a 900W microwave):

- For 225 g: 4 minutes
- For 450 g: 7 minutes

**Storage:** Keep frozen at or below -18°C.

**Frozen Shelf Life:** 30 months from production.

**Chilled Shelf Life:** Keep refrigerated at or below -4°C. Consume within 5 days.

**Ingredients:** Sweet Potato (100%).

**Allergens:** None.

Product of France





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## Packaging

Packaging Configuration **10 x 1kg**

Inner:



Outer:



Packaging Type: Printed Food Grade Plastic Bag

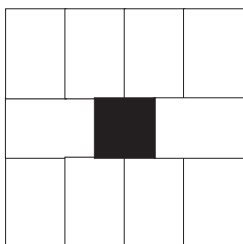
Barcode: 5411361083499

Packaging Type: Cardboard Carton

Barcode: 05411361083611

Dimensions: 385mm(L) x 255mm(W) x 215mm(H)

## Pallet Configuration



10B1

40 Cartons per layer

10 Layers per pallet

4 Cartons per pallet